



The Caledonian

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THE SCOTTISH-AMERICAN SOCIETY OF THE SOUTHERN TIER, INC.



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MESSAGE FROM THE CHIEF

We just completed our annual Burns Dinner which turned out to be a great success: my thanks to all who made it possible. We all had a lot of fun. Our next gathering is an authentic Scottish Tea. Tickets are available from any of our trustees. Our next scheduled event will be at the Allegany Celtic Festival in Cuba NY on June 2. We would welcome help in setting up and taking down our tent, if you'd like to join us there. I am looking forward to seeing you in the near future. Thank you and God bless you all.



Chief,

To acknowledge Tartan Day (actually April 6) and to help support our scholarship fund, we will be hosting a traditional cream tea. As a departure in procedure from previous events, you must purchase a ticket in advance to join us at this gala: there are a limited number of tickets available! You may do so by contacting any Board member, so act now, the tickets are going fast!

Tartan Tea

April 29, 2018, 2 PM

St. Thomas Church, Bath NY

A real Cream Tea for your enjoyment
celebrating all things Scottish!

\$12



Our proper tea will consist of scones with Devonshire cream and jam (the origin of the term 'cream tea'), sandwiches, shortbread and cakes as well as a selection of teas. Our Tea will also offer lemonade for non-tea drinkers. All goodies made by our own Scottish bakers.

THE ORIGIN OF SCOTTISH HIGH TEA AS A MEAL

Despite its aristocratic name, the truth is that 'High Tea' began as another name for a workman's supper, and was far from an elegant meal. Relegated to the working lower classes in the early days of tea drinking in the 1600s, afternoon or high tea was served on a high table at the end of the work day, around five or six o'clock. For working families returning home exhausted, it was a substantial meal consisting of the most common dishes, such as kidney pie and steak, cheeses, pickles, and breads.

By legend, low tea began because the Duchess of Bedford, one of Queen Victoria's (1819-1901) ladies-in-waiting, suffered from "sinking feelings" around four o'clock in the



Anna Russell, the Duchess of Bedford, Lady of the Bed-chamber to Queen Victoria

afternoon each day. (Keep in mind that during the 18th century, dinner came to be served later and later in the day, until by the early 19th century, the normal dinner time was between 7:30 and 8:00 PM). The story has it that she would have her servants sneak pots of tea and breadstuffs to her. Eventually, she began inviting friends to share not only her tea, but also small cakes and butter sandwiches, served

on low tables. The practice became so popular with other hostesses that it went down in history as the social event that we still recognize today.

It wasn't until the price of tea came down that everyone began drinking it and it became part of the working class high tea, or supper, a meal served with eggs and ham around 6 pm.

We associate tea with scones and jam, but Devonshire cream teas may have started centuries before tea was introduced to Britain. As far as we know, scones, jam and clotted cream originated in Tavistock, Devon in the early 11th century. Monks served scones to the laborers who helped them restore the monastery after a Viking raid in 997 AD.

Today in Scotland, high or afternoon tea is generously served in most luxury hotels. most days from 12:30 p.m. to 4 p.m.

High or afternoon tea is a loose term.

Afternoon tea is a tea that was traditionally served later in the afternoon, usually amongst the more affluent members of society. The key difference between afternoon tea and other meals, such as lunch, lies in tea's being viewed as social experience. It's rarely enjoyed alone, and is enjoyed at leisure with friends, over the course of a couple of hours.

PAY YOUR DUES!

Look at your mailing label. If it says "lifetime," or 'benefactor', 'fellow', or 'comp,' you are current in your membership and will remain so. If there is a year above your name, and it is not 2018 or later, you are in arrears. If it says 'trial' above your name, you need to pay your dues. If you are not current with your dues (Single \$10, Family \$15, Patron \$25, Benefactor \$50 or more, Life \$250) please remit them to Nedra McElroy, 4 Lackawanna Ave., Bath NY 14810 <mscopyola@stny.rr.com> straight away, or tell her if you want to be removed from the membership database.

It remains important to the financial health of the society that our membership data is current and up to date! Thank you for your attention to this important matter!

LOOKING BACK AT BURNS...

Another magnificent Burns Birthday Bash, er, that is to say Burns Dinner and Ceilidh, is in our memory book, and a fine time was enjoyed by all, as far as we can remember!

We met once again at the Hilton Garden Inn, Big Flats, and the usual toasts, pipes, kilts, haggis and good cheer were nobly accounted for, along with a rousing performance by a special group of Celtic dancers: a lively -group of young folk from the Carle School of Irish Dance in Endicott, who enthralled us all with their fantastic footwork.



We welcomed some new friends and many members, and plans are already afoot for next year's bash, er, ceilidh!

Mark your calendar now: **January 26, 2019.**



Past Chiefs of the Scottish American Society of the Southern Tier, Inc.

<i>George Cunningham</i>	<i>December 1973 to December 1985</i>
<i>Don Campbell</i>	<i>December 1985 to December 1991</i>
<i>Doug Colborn</i>	<i>December 1991 to December 2000</i>
<i>Donald Flatt</i>	<i>December 2000 to December 2003</i>
<i>Tom McIntyre</i>	<i>December 2003 to December 2009</i>
<i>Blake Mayo</i>	<i>December 2009 to December 2015</i>
<i>Gil Ferris</i>	<i>December 2015 to December 2017</i>



Nedra McElroy
4 Lackawanna Avenue
Bath NY 14810-1650

Address Service Requested



DATES TO REMEMBER

April 29 - Tartan Tea, St Thomas Great Hall, Bath

June 2 - Allegany County Celtic Festival

July 14 - Dundee Celtic Festival

July 21 - Annual Scholarship Picnic, Mossy Bank, Bath

Please call Chief Rick Mason to respond to any event:

583-4256 rmason7@stny.rr.com

THESE EVENTS AND MORE ON OUR WEBSITE

<http://www.sasst.org/events.html>

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